

Perfect GEMS

Explore the little luxuries the world has to offer.

about FACE

It's no secret that staying active helps you reach your fitness goals faster than diet alone. So if toners, masks and serums are nutrition for your face, think of the NuFace Trinity as its corresponding workout. No matter how rigorous your skincare regimen, facial muscles still need stimulation to get lifted and toned, explains Tera Peterson, whose mother Carol Cole helped bring microcurrent technology to the US in the early '80s.

Originally developed for her Hollywood clients to use between professional treatments, the third-generation device couldn't be easier or more comfortable to use. Apply a cooling gel primer (to transmit the microcurrent into the muscles), then gently roll the Trinity over your face to target fine lines, droopy eyelids and loss of definition. While results will vary, our testers reported firmed, brightened skin within days, and more dramatic improvements over a 60-day period.

The device has been FDA-tested for effectiveness as well as safety, but like any workout, you only get out of it what you put in. In this case, it's all gain with zero pain. —JL



in the BUFF

Cinema does more than provide escape and entertainment; it's often a perfect snapshot of the time in which a movie was filmed, from which cars we drove to which clothes we wore. And independent films are often among the most accurate chroniclers of a period, just one more reason to consider staying in the ultra-luxe Autograph Collection hotels this year. This high-end assemblage of more than 100 properties is partnering with Film Buff to provide a dedicated guest entertainment channel that broadcasts a wide range of award-winning films and documentaries for you to enjoy from the comfort of your well-appointed suite. The offerings focus primarily on art, design, food and music. Some locations will also host Premieres by Film Buff, much-anticipated screenings preceded by fabulous cocktail receptions and followed by film-festival-style Q&As with the films' directors. —BSL

SHUTTERSTOCK

BEE mine

"Every honeybee fills with jealousy," wrote legendary songsmith Fats Waller. But your friends will be the envious ones if they learn you're escaping to the swanky Ritz-Carlton Buckhead. Not just because of the five-star amenities that can be found at Atlanta's most haute hotel, but because you'll have the rare chance to see its honeybees in action at a special apiary constructed last year. It's one of five Ritz-Carlton Hotel Company locations that now houses honeybees as part of the Community Footprints program and its commitment to environmental sustainability.

If you want to see what all the buzz is about, don't worry about being stung—you'll be watching from a very safe observation deck. Better still, you can taste these bees' superb honey in the hotel café. It's used by chef Michelle Wick and pastry chef Troman Felizmenoin in such delectable creations as seasonal honey yogurt, pear salad with a honey-lavender gelée and a spiced orange-honey bar. You can even drink to the bees' health in the Lobby Lounge, sipping a signature cocktail called "The Legend," which features house-infused bourbon limoncello and local honey syrup. How sweet it is! —BSL



REI of light (and dark)

If you've ever seen a garment by Japanese designer Rei Kawakubo (of fashion house Comme des Garçons), the memory of its inventiveness and audacity has probably stayed with you. Her work is not about being pretty in any conventional sense, but about challenging accepted notions of beauty, good taste, and ultimately, even fashion. Beginning on May 4th, the Metropolitan Museum of Art's Costume Institute will pay tribute to this iconoclastic woman with *Rei Kawakubo/Comme des Garçons: Art of the In-Between*, a thematic retrospective of her work featuring approximately 120 pieces of women's wear that will engage both the eye and the mind. Equally fascinating will be to witness how some of the world's biggest celebrities pay tribute to Kawakubo with their outfits for the Met's legendary Costume Institute Benefit (aka the Met Gala). The designer herself will serve as the evening's honorary chair. —BSL